CHEP+ Conference

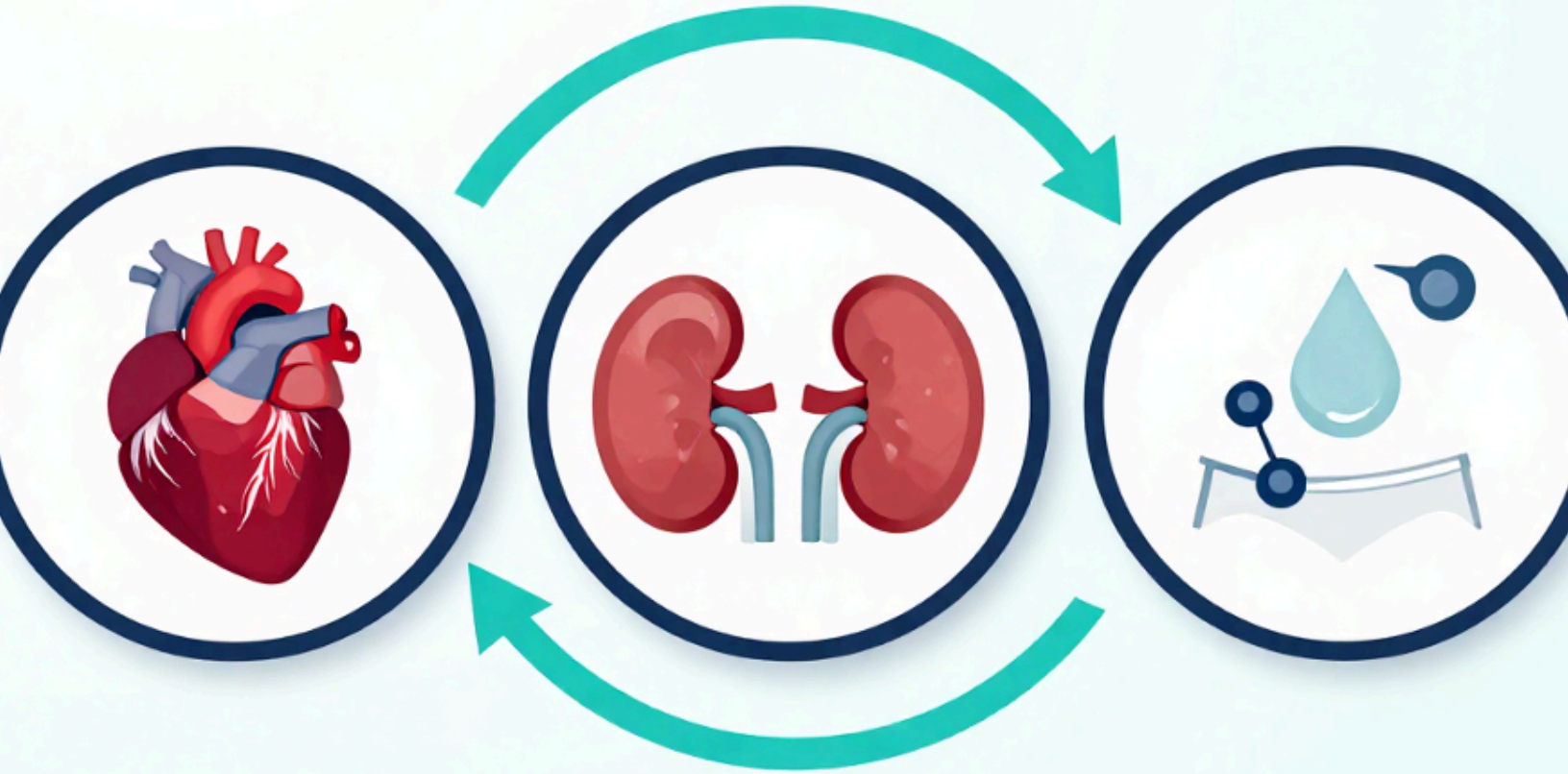
HYBRID | TORONTO
IN PERSON + ONLINE

IN PERSON ATTENDANCE
ST. JOHN'S REHAB - GRASETT HALL
285 CUMMER AVE, NORTH YORK

2027 Annual Conference

SATURDAY APRIL 3, 2027
8:00 AM - 5:00 PM EDT

SPECIAL FOCUS ON THE CARDIAC-KIDNEY-METABOLIC-BRAIN (CKMB) CONTINUUM



CHEP+

REGISTER NOW

About CHEP+

We are driven by a single goal; to do our part in improving health care quality and patient safety and health.

CHEP+ (C-CHANGE Education Program)
CHEP+ is a not-for-profit organization founded in 2018 representing the continuing education and professional development arm disseminating the Canadian Cardiovascular Harmonized National Guidelines Endeavour (C-CHANGE).

Mission
Our mission is to improve health care quality and patient safety by supporting clinicians with enhanced professional development and health education.

CHEP+ brings together a multi-disciplinary group of healthcare professionals with the commitment to provide high quality, up-to-date continuing professional development programs with the aim of improving clinical practice and patient outcomes.

C-CHANGE Update: 2026 Brain-Heart Clinical Practice Guideline
Brain and heart conditions are leading causes of disease and death in Canada, with a devastating impact on patients and their families. They are also deeply interconnected, in ways that are now beginning to be understood.

The Brain-Heart Interconnectome (BHI) is a ground-breaking interdisciplinary research program aimed at accelerating prevention, detection, treatment and care of brain-heart disorders, supported by a grant from the Canada First Research Excellence Fund (CFREF).

C-CHANGE, as a nationally endorsed guideline program developed Canada's first Brain-Heart Clinical Practice Guideline in 2026.

9th ANNUAL CHEP+ CONFERENCE - SATURDAY APRIL 3, 2027



ST. JOHN'S REHAB - 285 CUMMER AVE, NORTH YORK - GRASETT HALL

MESSAGE FROM THE 2027 CONFERENCE CO-CHAIRS

Welcome to the 9th Annual CHEP+ Conference!

We are delighted to have your participation in our upcoming HYBRID conference. We hope that the conference will meet your expectations of all the wonderful opportunities that a hybrid event can bring us.

Our program is aimed to be more accessible to the national primary care audience. We invite general practitioners, family physicians, specialists, nurse practitioners, pharmacists and other clinicians, researchers etc. with an interest in cardiovascular disease prevention and management. This year our special focus is on the cardio-kidney-metabolic-brain (CKMB) continuum.

The conference continues to be a unique platform to disseminate the national harmonized cardiovascular-focused guideline and this year, we bring together topics from some of our guideline partners such as hypertension, diabetes, lipid, obesity, heart failure, stroke and more. We will feature prominent speakers including Drs., Philip McFarlane, Jonathan Rosand, Sean Wharton and many other prominent family physicians and brain and heart specialists.

CONFERENCE OBJECTIVES

At the conclusion of this program, participants will be able to:

1. Identify shared risk factors across cardiovascular, kidney, metabolic, and brain health to support early detection and risk stratification in primary care.
2. Apply evidence-based prevention and management strategies to reduce cardiovascular, renal, metabolic, and cognitive complications.
3. Integrate patient-centred care by coordinating screening, treatment, and follow-up across CKMB conditions to improve long-term health outcomes.



Sheldon Tobe MD, MScCH (HPTE), FRCPC, FACP, FAHA
Nephrologist, Sunnybrook Health Sciences Centre,
Professor, Faculty of Medicine, University of Toronto,
and Northern Ontario School of Medicine



Rahul Jain, MD, CCFP, MScCH (HPTE), FCFP
Family Physician and Hospitalist
Sunnybrook Health Sciences Centre
Associate Professor, Faculty of Medicine, University of Toronto

REGISTRATION FOR 2027 CHEP+ CONFERENCE

FOR MORE INFORMATION: WWW.CHEPPLUS.COM

REGISTER NOW

CHEP+ Conference

In Person Attendance	Full Conference (Early Bird Until Dec 31, 2026)	Full Conference (Regular)
Professional Delegate	$135	$155
Trainee/Resident/Fellow/Student	$95	$115
Digital Attendance	**Full Conference (Early Bird Until Dec 31, 2026)**	**Full Conference (Regular)**
Professional Delegate	$105	$125
Trainee/Resident/Fellow/Student	$65	$85

REGISTRATION DETAILS*

IN-PERSON ATTENDANCE INCLUDES:

- Admission to accredited sessions including breakfast, nutrition breaks, lunch, and refreshments
- Access to on demand accredited sessions through the digital platform
- Participation in Q&A portions
- Access to live, in person exhibits and talks
- Networking opportunities with delegates and exhibitors
- Passport to all exhibitors' booths with chance to win a ticket to next year's conference

DIGITAL ATTENDANCE INCLUDES:

- Admission to all broadcasted accredited sessions
- Access to on demand accredited sessions through the digital platform
- Participation in Q&A through the CHEP+ Conference digital platform
- Access to virtual exhibitor spaces
- Networking opportunities with delegates and exhibitors
- Passport to all exhibitors' booths with chance to win a ticket to next year's conference

(*) See registration page for all details regarding registration, cancellation, and refund policy.
Accreditation * Participants may claim credits for BOTH morning and afternoon sessions if attended.

PROGRAM AGENDA

ACCREDITATION

Royal College of Physicians & Surgeons of Canada

This event is an accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians & Surgeons of Canada and approved by the Canadian Cardiovascular Society. You may claim a maximum of 6 hours.

College of Family Physicians of Canada

This event is an accredited Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 6 Mainpro+ credits.

INTERACTIVE WORKSHOPS

TIME (EDT)	TOPIC	SPEAKER
8:00 – 8:30 a.m.	**Welcome Registration & Breakfast** **Conference Opening**	
8:30 – 9:20 a.m.	A1. Mr. Gefry Case Study: Screening for Diabetic Nephropathy	Dr. Rahul Jain (Speaker) Dr. Philip McFarlane (Moderator)
9:20 – 9:35 a.m.	BREAK	
9:35 –10:25 a.m.	B1. Piquette Case Study - Vaccination to Prevent Brain and Heart Disease	Dr. Sheldon Tobe (Speaker) Dr. Paul Roumeliotis (Moderator)
10:25 – 10:45 a.m	EXHIBITOR SHOWCASE AND BREAK	

PLENARY SESSIONS

TIME (EDT)	TOPIC	SPEAKER
10:45 - 11:00 a.m.	Welcome Back and Introductions	Drs. Sheldon Tobe Rahul Jain, Peter Liu
The Interrelationships Between Cardiac, Kidney, Metabolic, and Brain Disease (20 min each)		
11:00 – 11:20 a.m.	P1. What is Cardio-Kidney-Metabolic-Brain (CKMB) Disease?	Dr. Rick Swartz
11:20 – 11:40 p.m.	P2. What are the common risk factors for CKMB disease and the role of cardiac screening?	Dr. Robert Myers
11:40 – 12:00 p.m.	P3. Social determinants of health that are closely linked to CKMB diseases	Dr. Abida Dhukkai
12:00 – 12:20 p.m	Q&A with Panel Moderator	Dr. Peter Liu
12:20 - 12:50 p.m.	LUNCH	
The Kidney, Metabolic Dysfunction, the Brain and CKMB (20 min each)		
12:50 – 1:10 p.m.	P4. The Kidney – Contributor or Bystander in CKMB Disease	Dr. Andrew Steele
1:10 – 1:30 p.m.	P5. Metabolic Dysfunction: Adiposity, Blood Pressure, Chronic Inflammation, Dyslipidemia, and Insulin	Dr. Julie Lovshin
1:30 – 1:50 p.m.	P6. When the Past Shapes the Present: How Adverse Childhood Experiences (ACEs) Affect Adult Brain and Heart Health	Dr. Tracy Vaillancourt
1:50 – 2:10 p.m.	Q&A with Panel Moderator	Dr. Gemma Cheng
2:10 - 2:30 p.m.	Exhibitor Showcase and Break	

PLENARY SESSIONS (CONTINUED...)

TIME (EDT)	TOPIC	SPEAKER
Obesity and CKMB (20 min each)		
2:30 – 2:50 p.m.	P7. Obesity or Adipose Tissue Dysfunction?	Dr. Sean Wharton
2:50 – 3:10 p.m.	P8. Adipose Tissue Dysfunction and GLP1-RA's, What the Kidneys can Tell Us	TBC
3:10 – 3:30 p.m.	P9. Healthy Behaviours and CKMB Syndrome	Dr. Tavis Campbell
3:30 – 3:50 p.m.	Q&A with Panel Moderator	Dr. Kristin Terenzi
Preventing Brain and Heart Disease in CKMB (20 min each)		
3:50 – 4:10 p.m.	P10. Medical Therapy: Post MI and revascularization with preserved LVEF, HFrEF, and HFmEF/HFpEF	Dr. Stephanie Poon
4:10 – 4:30 p.m.	P11. What Drugs to Prevent Progressive Kidney Disease with and without Diabetes	Dr. Philip McFarlane
4:30 – 4:50 p.m.	P12. If we Can Prevent Vascular Dementia, How Do We Start Today?	Dr. Jonathan Rosand
4:50 p.m. - 5:10 p.m.	Q&A with Panel Moderator	Dr. Rahul Jain
5:10 p.m. - 5:30 p.m.	Closing - Final Remarks	Dr. Rahul Jain



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